

# Prepping for your move

A guide by

**SOLIDARITY**  
**MOVERS**



If you plan to pack yourself, gather moving supplies well in advance of your move date - whether by ordering online or picking up at your local hardware store.

Most people use 20-40 mixed-size boxes per person moving. Be sure to get packing paper, bubble wrap, tape, contractor bags and a few wardrobe boxes for your hanging clothes.

Before you get started, pack a bag with all your essentials - a change of clothes, medicine, ID, devices and valuables. Keep this with you and plan to bring it to your new location.

As you begin the packing process go room by room and keep a notepad to take an inventory of what you're moving.

Have some contractor bags on hand in clear and black - clear for items you'd like to drop for donation, which you'll have to organize separately, and black for any items you'd like to dispose of. Moving is a great opportunity to declutter your space!

Once you've sorted your essentials and items to get rid of, everything else can be packed for longer term until you have time to unpack.

Empty one piece of furniture at a time and pack items into boxes, being sure to wrap fragile items with packing paper. Load each box fully, topping off with packing material or scrap towels/clothing if needed. Label and seal each box as you go.

Use small boxes for books, heavy and delicate items. Use medium and large boxes for lighter or more durable items, linens, appliances, etc.

Once all boxes are packed, stack them on top of dressers, against a wall, or in the center of each room. Make sure there is room for the furniture items to be accessed and wrapped, but we move boxes first so having them up front is best.

Now that the rooms are packed up, go around and check each furniture item for any issues - loose or missing pieces, scratches, etc. Make note and mention any relevant details to your movers so they can handle appropriately.

Picture frames and artwork are usually best left on the wall, or if you'd prefer to wrap in advance and lean against the wall that's fine as well. Our movers will wrap them carefully or use a picture bin for safe transport.

If your large furniture items require disassembly (bed frames, large cabinets, etc), you can leave them whole for our crew to handle on site or you can take them apart in advance. If you're handling disassembly be sure to remove all hardware pieces, place in a clear bag and tape the bag securely to the item - on a couch leg, for example. Use carpenter's tape to avoid leaving adhesive on wood surfaces.

For any electronics, also be sure to bag and attach any hardware, cables or remotes to the item itself, to avoid any missing items at the new location.

Save the kitchen for last. Use dividers for dishes and glassware if available.

And if the thought of packing is too much and you'd like us to assist - fantastic! - we also offer full-service packing and unpacking and can provide all packing materials required for the move, including re-usable bins. We can even arrive a day or two ahead of the move date to get started - just indicate as much when filling out our form.

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